

Para Athletics 

2026 Para Athletics
Carding and Senior
Panel Selection
Policy

V1 - November 2025

| Contents | | Page |
|---|---|-------------|
| 1. | Purpose | 3 |
| 2. | Objectives | 3 |
| 3. | Investment and Resource Allocation | 3 |
| 4. | Panel Structure & Selection Policy | 3 |
| 5. | Tiered Panel Framework | 4 |
| 6. | Benefits of Panel Membership | 4 |
| 7. | Programme Principles | 4 |
| 8. | Athlete Eligibility | 5 |
| 9. | Classification and Paralympic Event Programme | 5 |
| 10. | Selection Criteria | 5 |
| 11. | Support Services | 6 |
| 12. | International Carding Scheme | 6 |
| 13. | Performance Requirements | 6 |
| 14. | Performance Standards | 7 |
| 15. | Performance Profiles | 10 |
| 16. | Selection Constraints | 10 |
| 17. | Exceptional Circumstances | 11 |
| 18. | Selection | 12 |
| 19. | Athlete Notification | 12 |
| 20. | De-selection | 12 |
| 21. | Disciplinary Issues | 13 |
| 22. | Loss of Performance | 14 |
| Appendices | | Page |
| Appendix 1: Eligibility Criteria | | 15 |
| Appendix 2: Panel Minimum Entry Standards | | 16 |

1. Purpose

1.1 The Para Athletics Performance Programme is part of Sport Ireland’s High Performance investment strategy. Its purpose is to support and develop talented Para athletes by providing resources and performance services necessary to achieve sustained success at the highest level. The Programme is specifically focused on delivering global medal performances at the 2028 Paralympic Games and establishing a pathway for continued excellence beyond this cycle.

2. Objectives

2.1 Deliver podium performances at the 2028 Los Angeles Paralympic Games.

2.2 Establish a long-term pathway for success at future Paralympic Games, including 2032 Brisbane.

2.3 Provide targeted support to athletes with realistic potential to achieve medal-winning standards.

3. Investment and Resource Allocation

3.1 The Programme receives dedicated investment to achieve its objectives. The investment is allocated at the Programme’s discretion to:

- Optimise resources.
- Maximise the potential of athletes most likely to deliver on Programme goals.

3.2 Support is provided through:

- High Performance Programme Funding (Senior and Development Panels).
- Individual Athlete Assistance via Sport Ireland’s International Carding Scheme.

4. Panel Structure and Selection Policy

4.1 Panel Places

The Programme will operate with a defined number of places on the Panel. The exact number will be determined by Programme requirements and available resources.

4.2 There is no obligation to:

- Fill all available Panel places.
- Select an athlete for every event or sport class within the Para Athletics Paralympic programme.

This approach ensures resources are allocated strategically to maximise medal potential.

4.3 Selection Principles

- The Programme may prioritise specific athletes and events based on their realistic potential to achieve progress toward medal success at the 2028 Los Angeles Paralympic Games.
- Meeting all eligibility and selection criteria does not guarantee Panel membership, as the number of qualified athletes may exceed available places.

4.4 All Panel selections are subject to ratification by Sport Ireland.

5. Tiered Panel Framework

The Panel is divided into two categories:

Senior Panel: Comprising three tiers – Podium, World Class, and International.

Development Panel: Comprising one tier – Development.

5.1 Podium

Designed for athletes who have achieved medal success at the World Para Athletics Championships and/or the Paralympic Games, and whose performance profile demonstrates strong potential to deliver medal-winning performances at the Los Angeles 2028 Paralympic Games.

5.2 World Class

For athletes competing at senior international level in major championships (World Para Athletics Championships and/or Paralympic Games) and formally assessed as having potential to achieve medal success at future Paralympic Games. This tier provides targeted support to enable continued development and establish a foundation for future podium performances.

5.3 International

Supports athletes developing key attributes required for progression to the World Class tier within a **1–2 year timeframe**. Focuses on athletes who demonstrate clear potential and aims to confirm their capability to advance toward future medal success at major events. Provides targeted support to ensure athletes are on a pathway to ultimately reach the Podium tier.

5.4 Development

Designed for emerging athletes who show promise and require structured support to progress toward senior international competition and future inclusion in higher tiers.

6. Benefits of Panel Membership

6.1 Panel membership provides:

- Access to a comprehensive range of performance supports and services to enhance development and competitive outcomes.
- Eligibility for financial assistance through Sport Ireland’s International Carding Scheme (for Podium, World Class and International tiers), designed to offset living and training costs associated with high-performance sport.
- Carding support is tiered and directly linked to the athlete’s Panel status within the Programme.

7. Programme Principles

7.1 Evidence of Medal Potential

Athletes considered for Panel inclusion must demonstrate:

- Realistic potential to progress toward a Paralympic podium finish.
- Capability to meet performance standards required for medal success at the 2028 Los Angeles or 2032 Brisbane Paralympic Games.

8. Athlete Eligibility

8.1 All athletes (including 2025 Panel athletes) must comply with:

- Eligibility Criteria in Appendix 1.
- Classification requirements in Section 9.1.

Athletes currently on the 2025 Panel will be considered first for 2026 Panel membership.

8.3 Event Changes

If an athlete's current event is not included in the 2028 Paralympic medal programme, Programme staff may consider alternative events. Assessment will be based on:

- Performance Requirements (Section 13).
- Selection Constraints (Section 16).

Athletes may remain on the Panel if they demonstrate potential to successfully transfer and achieve future medal success.

9. Classification and Paralympic Event Programme

9.1 Classification Requirement requires:

- Minimum World Para Athletics Review Level classification.
- Medically diagnosed impairment causing permanent, verifiable activity limitation.

All documentation must:

- Be in English.
- Be dated and signed by a registered medical professional.
- Additional evidence may be requested at athlete's expense.

9.2 If an athlete fails classification review, they will be removed from the Panel with:

- Two-month notice period.
- Transitional funding and support conditions via the Sport Ireland Athlete Career Transition Programme applied, if relevant.

9.3 Sport Class changes may trigger review of Panel level and membership.

9.4 Athletes may be reassigned to alternative events if feasible. If their event programme changes.

10 Selection Criteria

10.1 Performance-Based

Selection will follow Performance Requirements (Section 13) for individual events.

10.2 Tier Assignment

Athletes may be offered membership at a lower tier than indicated by competition results, based on overall profile and development stage.

10.3 Performance Profiles

Profiles referenced in Section 15 will inform decisions, alongside expert judgment of the Selection Committee.

11. Support Services

11.1 Athletes will engage in the IAP process to set performance and process goals, training priorities, and development plans collaboratively with Programme staff. This ensures targeted support aligned with:

- Panel tier
- Individual requirements
- Performance priorities
- Training location

11.2 All support and services offered as part of Panel membership are subject to change at the discretion of Programme staff.

11.3 Not all support may be available to athletes who choose to live or train abroad.

12. International Carding Scheme

12.1 Overview

Individual Athlete Awards via the International Carding Scheme are administered by Sport Ireland for athletes within the Para Athletics Senior Panel. These awards provide financial support to help cover living and sporting costs associated with training and competing as an elite athlete. Awards for the 2026 cycle are offered for a maximum of 12 months and are subject to Sport Ireland's Terms and Conditions.

12.2 General details about Individual Athlete Awards are available on the Sport Ireland website.

12.3 For events requiring a guide for visually impaired athletes, the guide may be considered eligible for an Individual Athlete Award. This will be assessed case-by-case by the Selection Committee in consultation with Sport Ireland.

12.4 Programme staff may recommend World Class and International tier athletes use part of their award for optional Programme activities, support services, or technology/equipment.

12.5 Further details on optional Programme activities requiring an athlete contribution will be provided at the start of the Panel year.

13. Performance Requirements

13.1 Overview

The table in Section 10 sets out the Performance Requirements used to assess eligibility for Panel places across all Track & Field events included in the Los Angeles 2028 Paralympic Games programme.

Important: Meeting these Performance Requirements does not automatically guarantee Panel membership.

Notes

1. All references to World Para Championships refer to the World Para Athletics Senior World Championships held outdoors.
2. Athletes will only be considered for events confirmed in the Los Angeles Paralympic Games Medal Event Programme.
3. For new events added to the LA Games programme, athletes will only be considered for International or Development Panels for the 2026 Programme year and will be assessed on their 2025 performance against the 3rd place 2025 World Rankings.

14. Performance Standards

14.1 Overview

The tables in this section set out the Performance Standards used to assess eligibility for Panel places for in stadium track and field events. These standards correspond to the Performance Requirements referenced in Section 13.

| Panel | Senior | |
|--|---|--|
| Panel Tier | Podium A | Podium B |
| Carding Tier | Podium | Podium |
| Description | Athletes demonstrating continued ability to win Gold medals at outdoor global championships, as outlined in their IAP. | Athletes demonstrating continued ability to win medals at outdoor global championships, as outlined in their IAP. |
| 1. Performance Standard & Ranking | Gold medallist at 2025 WPA Championships AND Ranked No. 1–2 in 2024* or 2025 WPA World Rankings | Minor medallist at 2025 WPA Championships AND Ranked No. 3–4 in 2024* or 2025 WPA World Rankings |
| 2. Performance Potential & Progression | | Gap to Gold medal standard must be realistically closable within 1 year, based on: <ul style="list-style-type: none"> • Personal bests • Relevant performances Progress rates in key performance determinants. |
| 3. Performance Consistency | | Athlete consistency will be assessed by reviewing average of top three to six outdoor performances within a season |

| | | |
|--|--|--|
| | | <p>in key domestic and overseas competitions.</p> <p>*The actual number of performances considered (at least two performances) will be decided by the committee based on the number of applicable competition opportunities for each event group throughout the season. Where there are limited competition opportunities this will be considered, and other relevant performance measures may also be taken into account.</p> |
|--|--|--|

| Panel | Senior | |
|--|--|--|
| Panel Tier | World Class | International |
| Carding Tier | World Class | International |
| Description | Evidence that the performance gap to Paralympic medal standard can be closed within 2 years , as outlined in the IAP. | Evidence that the gap to World Class Panel standards can be closed within 1–2 years . Event trends and progression will be considered. |
| 1. Performance Standard & Ranking | <p>Top 6 placing at 2025 WPA Championships.</p> <p>At least two 2025 performances within 3% of 3rd place in 2024* or 2025 WPA World Rankings</p> <p>AND</p> <p>Ranked in top 4-6 of 2024* or 2025 WPA Rankings</p> | <p>At least two 2025 performances within 6% of 3rd place in 2024* or 2025 WPA Rankings</p> <p>AND</p> <p>Ranked in top 8 of 2024* or 2025 WPA Rankings</p> |
| 2. Performance Potential & Progression | <p>Gap to medal standard must be realistically closable within 2 years, based on:</p> <ul style="list-style-type: none"> • Personal bests • Relevant performances • Progress rates in key performance determinants. | <p>At the discretion of the Selection Committee, success factors (technical, physical, psychological, tactical) must show potential for improvement over 1–2 years to bridge the gap to World Class tier.</p> <p><i>An additional year may be granted to athletes not meeting performance standards in their first year if they demonstrate elite behaviours and improvement potential.</i></p> |
| 3. Performance Consistency | <p>Athlete consistency will be assessed by reviewing average of top three to six outdoor performances within a season in key domestic and overseas competitions.</p> <p>*The actual number of performances considered (at least two performances) will be decided by the committee based on the number of applicable</p> | |

| | |
|--|--|
| | competition opportunities for each event group throughout the season. Where there are limited competition opportunities this will be considered, and other relevant performance measures may also be taken into account. |
|--|--|

| Panel | Development | |
|---|--|--|
| Panel Tier | International Development | Development |
| Carding Tier | n/a | n/a |
| Description | Evidence that it is realistic for the gap between the current performance level to that required to progress to the Senior panel can be closed within one to two years. Event trend/progression will be considered to add context to athletes current Performance trajectory. | |
| 1. Performance Standard & Ranking | Minimum entry standard: 2025 Performances (at least two) are within 10% of the 3rd place in the 2024* or 2025 WPA World Rankings. AND World Ranked in top 12 of 2024* or 2025 WPA Rankings | Minimum entry standard: 2025 Performances (at least two) are within 10% of the 3rd place in the 2024* or 2025 WPA World Rankings. AND World Ranked in top 16 of 2024* or 2025 WPA Rankings |
| 2. Performance Potential & Progression | At the selection committee's discretion, it is evident that success factors (technical, physical, psychological, and/or tactical aspects) of performance can be improved over one to two years, enabling the gap to International Senior Panel tier. *An additional year can be given to those athletes that do not fulfil the Performance Standard and Ranking criteria above in their first year of being on the panel if the selection committee feel the athlete displays elite athlete behaviours and performance improvement potential but needs additional time. | At the selection committee's discretion, it is evident that success factors (technical, physical, psychological, and/or tactical aspects) of performance can be improved over one to two years, enabling the gap to International Development Panel and/or International Senior Panel tiers. *An additional year can be given to those athletes that do not fulfil the Performance Standard and Ranking criteria above in their first year of being on the panel if the selection committee feel the athlete displays elite athlete behaviours and performance improvement potential but needs additional time. |
| 3. Performance Consistency | Athlete consistency will be assessed by reviewing average of top three to six outdoor performances within a season in key domestic and overseas competitions. *The actual number of performances considered (at least two performances) will be decided by the committee based on the number of applicable competition opportunities for each event group throughout the season. Where there are limited competition opportunities this will be considered, and other relevant performance measures may also be taken into account. | |
| N.B If an athlete is in receipt of carding for 2026 then they can be considered for 2026 Panel selection as an exceptional circumstance. This will ONLY apply for 2026 selections. | | |

*Historically, the year following a Paralympic Games often sees lower performance levels, as many leading athletes choose not to compete. Therefore, both the 2024 and 2025 end-of-year World Rankings will be taken into account when setting the 2026 performance standards, with the highest performances from either year used as the baseline.

15. Performance Profiles

15.1 Performance profiles use a combination of objective and subjective data measures, along with performance insights, to assess an athlete's potential to:

- Continue medalling at World Para Athletics Championships or Paralympic Games, or
- Close the gap to future medal success.

15.2 Performance Profile Assessment can include:

- Performance progression: Prediction of future medal potential based on current progression compared to historical data on previous and current world-class performers.
- Recent performance history: Results in major international championships (Paralympic Games, World Para Athletics Championships, European Para Athletics Championships).
- Gap to medal contention: Assessment of proximity to podium standards for the 2028 Paralympic Games.
- Event trends: Analysis of competitive landscape and emerging performance benchmarks.
- Coaching and training environment: Evaluation of the athlete's support structure and capacity for continued development.

16. Selection Constraints

16.1 Policy Constraints

The table in Section 13 sets out the Performance Requirements used to assess eligibility for Panel places across all Track & Field events included in the Los Angeles 2028 Paralympic Games programme.

Important: Meeting these Performance Requirements does not automatically guarantee Panel membership.

16.2 Athletes who have previously received Carding at Podium tier will not be considered eligible for lower tiers other than in the circumstances detailed in Section 17.

16.3 Athletes who have previously received Carding at World Class tier will not be considered eligible for an International Panel tier award in the same individual event or sport class.

16.4 Athletes will not be retained at World Class tier for individual funding for more than 4 years unless exceptional circumstances exist in accordance with paragraph 13 below.

16.5 Athletes will not be retained at Development tier for more than 2 years unless exceptional circumstances exist in accordance with Section 17 below.

16.6 Athletes who were previous members of the Panel before the 2025 season and are not currently members of the Panel will only be considered for 2026 Panel membership at or above the tier level they had achieved before their move away from the Panel.

16.7 Athletes can only be offered Panel membership in January of each year.

16.8 In circumstances where an athlete:

- Changes to a different Los Angeles 2028 medal programme event, or experiences a change in event classification,
- the Selection Committee may, at its discretion, nominate the athlete for Panel membership at any level.

16.9 To make this assessment, the Selection Committee will consider:

- The athlete's performance profile.
- The gap to medal contention in the new event.
- The athlete's ability to successfully transition to the new event.

16.10. For the purposes of this policy, a new event refers to any event in which the athlete has not previously competed at a major international championship level (e.g., World Para Athletics Championships, Paralympic Games) since the beginning of the Paris Paralympic Games cycle.

16.11. There is no obligation for the Selection Committee to nominate such athletes for 2026 Panel membership following this assessment.

17. Exceptional Circumstances

17.1. Existing Panel athletes who:

- Are unable to satisfy the Performance Requirements during the selection process, or
- Have been unable to progress within timelines due to significant injury/illness or other exceptional considerations in the current or previous year,

may be considered for continued Panel membership if the following conditions are met:

17.2 Assessment Criteria

a. The Selection Committee has confidence that the athlete can close the widened gap to medalling (notwithstanding the injury/illness) by the 2028 LA Paralympic Games. The Committee must be satisfied that the athlete can make the necessary progress to achieve medal success despite time lost to injury/illness.

Assessment must account for the impact of the injury/illness on performance level and address the gap to medal contention.

b. The athlete's injury/illness history indicates they can handle the required training and competition to make progress toward realistic medal potential at the 2028 LA Paralympic Games, in accordance with the relevant Performance Requirements in Section 10.

17.3 In order to be considered under 17.1, athletes must:

Provide written details and include any relevant medical evidence to the Head of Paralympic Athletics at James@paralympics.ie.

This must be completed in advance of the Selection Committee Meeting.

17.4 When reviewing extenuating circumstances, the Selection Committee will consider:

- Prognosis of the injury/illness.
- Number, type, and relationships of injuries/illnesses occurring during the 2025 year.
- The athlete's individual injury/illness history.
- The athlete's adherence to medical advice and willingness (or that of their support team) to share details on injury/illness, particularly where athletes have not accessed the Programme medical team.
- Nature and impact of other exceptional circumstances.

17.4 Athletes who are not currently on the Panel at the time of the selection meeting will not be eligible for consideration under extenuating circumstances as described above in Section 17.

17.5 There is no obligation for the Selection Committee to retain an athlete for continued Panel membership under extenuating circumstances. Each individual case will be discussed during the Selection Committee Meeting, and it will be at the Committee's discretion as to whether they consider the athlete to have the ability to return to a medal winning trajectory.

18. Selection

18.1 Selection Committee shall consist of:

- Head of Para Athletics (HPA)
- Para Athletics Technical Lead (TL)
- Para Athletics Head of Performance Services (HOPS)

19. Athlete Notification

19.1 All athletes selected for the Panel will be notified verbally by the Head of Paralympic Athletics of their selection by Friday 9 January 2026 which will be further followed up in writing.

19.2. Athletes who were members of the 2025 Panel who are not selected for 2026 Panel membership will also be notified of their non-selection. Athletes exiting from the programme will receive transitional funding for a period following the end of the membership year, as per the conditions outlined via the Sport Ireland Athlete Career Transition Programme, if relevant.

20. De-Selection

20.1 Injury/Illness

In the event of injury or illness (including both physical and mental health), and where an athlete is considered likely to recover to full fitness for training and competition, the following provisions apply:

- The athlete will continue to receive their full Athlete Carding (if relevant) and Panel membership for up to three months from the point the injury/illness occurred or was identified.
- If the injury/illness occurs in the last three months of the Panel year, this period will end on the final day of the 2026 Panel year.
- If, after three months, the athlete remains unavailable for full selection or training, an expert review will be undertaken to confirm the likelihood that the athlete can still pursue future medal success at the Paralympic Games.

20.2 Removal from Panel

Where medical evidence indicates that the injury/illness will affect long-term medal potential, or where the athlete has shown neither progress nor commitment to the agreed rehabilitation programme, the athlete may be removed from the Panel.

In such cases, a one-month notice period will be given, and transitional funding conditions and support via the Sport Ireland Athlete Career Transition Programme will apply, if applicable.

21. Disciplinary Issues

21.1 The Programme may in its absolute discretion terminate or suspend the athlete's Panel membership (including Carding) if they:

- Breach the Paralympics Ireland Athlete Agreement, or any other Paralympics Ireland Rules, Policy, or Code of Conduct.
- No longer satisfy the Eligibility Criteria.
- Are in breach of this Panel Selection Policy.
- Refuse to follow reasonable guidance from Programme or other support staff, including but not limited to matters relating to training, recovery from injury/illness, and selection of coach/medical provision.
- In the reasonable opinion of Programme staff, bring Paralympics Ireland into disrepute, are guilty of misconduct under Paralympics Ireland disciplinary rules or Safeguarding Regulations, or are convicted of a criminal offence.
- Breach the codes of conduct for athletes.
- Fail to engage with their Programme point(s) of contact (including medical).
- Fail to provide information or evidence demonstrating alignment (or lack thereof) to the agreed plan.
- If any of the termination rights set out in the Panel Athlete Agreement are engaged.

In relation to suspension, this will be until such time as the athlete remedies such breach to the Programme's satisfaction or otherwise deems it appropriate to end the suspension.

Where medical evidence indicates that the injury/illness will affect long-term medal potential, or where the athlete has shown neither progress nor commitment to the agreed rehabilitation programme, the athlete may be removed from the Panel.

In such cases, a one-month notice period will be given, and transitional funding and support conditions via the Sport Ireland Athlete Career Transition Programme will apply, if applicable.

21.2 The Programme reserves the right, in its absolute discretion at any time to terminate that individual's Panel membership (including the right to Carding) immediately upon notice in writing (which shall include email).

21.3. For the avoidance of doubt, this provision permits termination by the Programme at any stage during the Panel year.

22. Loss of Performance

22.1. An athlete may be removed from the Panel at any time if:

- The Head of Paralympic Athletics considers the athlete is making insufficient progress against their Individual Athlete Plan (IAP) and agreed goals.
- Panel activities/events are not attended without good reason.
- The athlete's training progress or competition performance is deemed unacceptable against any criteria set for the athlete or those linked to the level at which the athlete was admitted to the Panel, as outlined in the Selection Policy.
- The athlete's sport class changes, and the Committee, in its absolute discretion, determines that the athlete no longer satisfies the performance criteria for their nominated Panel tier and does not meet the criteria for Panel membership in a new event (as outlined in Section 9.2 and 9.3).

22.2 Before an athlete is removed from the Panel the Head of Paralympic Athletics will meet with the athlete to discuss concerns.

The athlete will be given a period of at least two-months to demonstrate the necessary improvement.

22.3 If an athlete chooses to use medical support outside the Panel, they must keep Programme staff regularly updated on progress and injury/illness status.

If updates are not provided, or if Programme staff considers the external medical treatment likely to have a detrimental impact on recovery, performance, or health, the athlete may be removed from the Panel following consultation.

22.4. If an athlete is classified as non-eligible under World Para Athletics rules and regulations, they will:

- Be removed from the Panel.
- Begin a period of transitional funding and support via the Sport Ireland Athlete Career Transition Programme, if relevant.

Appendix 1 – Eligibility Criteria

To be eligible for Panel consideration, athletes must meet the following criteria:

- Compliance with the Paralympics Ireland Participant Rules.
- Eligibility to represent Ireland at the Paralympic Games and other relevant international competitions.
- Participation in events that are part of the Los Angeles 2028 Paralympic programme.
- Possession of a World Para Athletics (WPA) review-level classification, supported by a medically diagnosed impairment that causes a verifiable and permanent physical activity limitation, applicable to athletes with physical, visual, or intellectual impairments, as confirmed by the PI Chief Medical Officer or Physiotherapist.
- Hold a valid Irish passport.
- Be at least 15 years of age.
- Submission of a completed WPA athlete license form and payment of the associated fee to Paralympics Ireland.
- Not currently serving a period of ineligibility due to transfer of allegiance.
- Not currently under provisional or permanent suspension for a doping violation.
- Not under investigation or facing charges for misconduct or criminal offences by Paralympics Ireland, Athletics Ireland, or any other relevant authority.
- Must not have brought Paralympics Ireland into disrepute or be serving a suspension due to disciplinary reasons.
- Existing Panel members must demonstrate appropriate engagement with the Para Athletics programme and Paralympics Ireland support systems, as detailed in the Panel Selection Criteria.
- Full completion and submission of the 2026 Individual Athlete Plan (IAP) by the athlete and their coach, with approval from the Para Performance staff prior to the selection meeting.
- Prompt submission (within 7 days) of performance results via the Programme Athlete's Results QR code.

Appendix 2 – Panel Minimum Entry Standards

2026 Women’s Performance Standards

| Event | Eligible Classes | World Class | International | Development |
|---------------|------------------|-------------|---------------|-------------|
| 100m T11* | T11 | 12.43 | 12.79 | 13.31 |
| 100m T12 | T12 | 12.42 | 12.78 | 13.27 |
| 100m T13* | T13 | 12.26 | 12.61 | 13.13 |
| 100m T34* | T33, T34 | 18.93 | 19.48 | 20.27 |
| 100m T35* | T35 | 14.64 | 15.06 | 15.67 |
| 100m T36* | T36 | 14.67 | 15.09 | 15.71 |
| 100m T37* | T37 | 13.66 | 14.06 | 14.63 |
| 100m T38* | T38 | 12.90 | 13.27 | 13.81 |
| 100m T44 | T43, T44 | 13.75 | 14.15 | 14.73 |
| 100m T47* | T45, T46, T47 | 12.46 | 12.83 | 13.35 |
| 100m T53 | T51, T52, T53 | 16.60 | 17.09 | 17.78 |
| 100m T54 | T54 | 16.02 | 16.48 | 17.15 |
| 100m T63 | T42, T63 | 14.76 | 15.52 | 16.10 |
| 100m T64* | T62, T64 | 12.93 | 13.30 | 13.84 |
| 100m T72 | T71, T72 | 18.84 | 19.39 | 20.12 |
| 200m T11* | T11 | 25.56 | 26.31 | 27.38 |
| 200m T12 | T12 | 25.26 | 25.99 | 26.97 |
| 200m T35* | T35 | 30.91 | 31.81 | 33.10 |
| 200m T36* | T36 | 30.56 | 31.45 | 32.73 |
| 200m T37* | T37 | 27.83 | 28.64 | 29.80 |
| 200m T47 | T45, T46, T47 | 25.56 | 26.31 | 27.30 |
| 200m T64* | T44, T64 | 27.25 | 28.05 | 29.19 |
| 400m T11 | T11 | 59.63 | 61.36 | 63.85 |
| 400m T12* | T12 | 57.34 | 59.01 | 61.40 |
| 400m T13* | T13 | 56.68 | 58.33 | 60.70 |
| 400m T20* | T20 | 56.81 | 58.47 | 60.84 |
| 400m T37* | T37 | 65.52 | 67.43 | 70.16 |
| 400m T38 | T36, T38 | 62.01 | 63.81 | 66.22 |
| 400m T47* | T45, T46, T47 | 58.92 | 60.63 | 63.09 |
| 400m T53 | T51, T52, T53 | 55.94 | 57.57 | 59.74 |
| 400m T54* | T54 | 53.19 | 54.74 | 56.96 |
| 400m T72 | T71, T72 | 1.19.83 | 1.22.15 | 1.25.25 |
| 800m T34* | T33, T34 | 2.04.30 | 2.07.92 | 2.13.11 |
| 800m T53* | T51, T52, T53 | 1.50.03 | 1.53.24 | 1.57.83 |
| 800m T54* | T54 | 1.46.34 | 1.49.43 | 1.53.7 |
| 1500m T11* | T11 | 4.43.75 | 4.52.02 | 5.03.87 |
| 1500m T13* | T12, T13 | 4.31.35 | 4.39.26 | 4.50.59 |
| 1500m T20* | T20 | 4.37.48 | 4.45.56 | 4.57.15 |
| 1500m T54* | T54 | 3.11.63 | 3.17.21 | 3.25.21 |
| 5000m T54* | T53, T54 | 10.48.45 | 11.07.33 | 11.34.40 |
| Marathon T12* | T11, T12 | 3.06.50 | 3.12.16 | 3.20.04 |

| | | | | |
|--------------------|--------------------|---------|---------|---------|
| Marathon T54* | T52, T53, T54 | 1.41.52 | 1.44.50 | 1.49.05 |
| Long Jump T11* | T11 | 4.76 | 4.62 | 4.43 |
| Long Jump T12* | T12 | 5.24 | 5.08 | 4.88 |
| Long Jump T20* | T20 | 5.70 | 5.53 | 5.31 |
| Long Jump T37 | T37 | 4.45 | 4.31 | 4.13 |
| Long Jump T38 | T36, T38 | 5.09 | 4.94 | 4.73 |
| Long Jump T47 | T45, T46, T47 | 5.68 | 5.51 | 5.27 |
| Long Jump T63* | T42, T61, T63 | 5.08 | 4.93 | 4.73 |
| Long Jump T64* | T43, T44, T62, T64 | 5.40 | 5.24 | 5.03 |
| Club Throw T32 | F31, F32 | 28.11 | 27.24 | 26.08 |
| Club Throw T51* | F51 | 19.52 | 18.91 | 18.11 |
| Discus Throw F11* | F11 | 37.91 | 36.74 | 35.17 |
| Discus Throw F38* | F37, F38 | 37.30 | 36.14 | 34.61 |
| Discus Throw F41* | F40, F41 | 30.48 | 29.53 | 28.28 |
| Discus Throws F44* | F43, F44 | 40.56 | 39.30 | 37.63 |
| Discus Throw F53* | F51, F52, F53 | 13.87 | 13.44 | 12.87 |
| Discus Throw F55* | F54, F55 | 25.04 | 24.26 | 23.23 |
| Discus Throw F57* | F56, F57 | 31.83 | 30.84 | 29.53 |
| Discus Throw F64 | F62, F64 | 29.20 | 28.29 | 27.09 |
| Javelin Throw F13* | F12, F13 | 37.29 | 36.13 | 34.60 |
| Javelin Throw F34 | F33, F34 | 18.40 | 17.83 | 17.07 |
| Javelin Throw F46* | F45, F46 | 40.84 | 39.57 | 37.89 |
| Javelin Throw F54 | F52, F53, F54 | 16.33 | 15.82 | 15.15 |
| Javelin Throw F56* | F55, F56 | 22.03 | 21.35 | 20.44 |
| Shot Put F12* | F11, F12 | 12.33 | 11.95 | 11.44 |
| Shot Put F20* | F20 | 13.88 | 13.45 | 12.88 |
| Shot Put F32* | F32 | 7.49 | 7.26 | 6.95 |
| Shot Put F33* | F33 | 7.51 | 7.28 | 6.97 |
| Shot Put F34 | F34 | 7.77 | 7.53 | 7.21 |
| Shot Put F35* | F35 | 9.19 | 8.90 | 8.52 |
| Shot Put F37* | F37 | 12.82 | 12.43 | 11.90 |
| Shot Put F40 | F40 | 8.65 | 8.38 | 8.03 |
| Shot Put F41 | F41 | 9.86 | 9.56 | 9.15 |
| Shot Put F44 | F42, F43, F44, | 11.75 | 11.38 | 10.90 |
| Shot Put F46 | F45, F46 | 12.38 | 11.99 | 11.48 |
| Shot Put F54* | F53, F54 | 7.52 | 7.29 | 6.98 |
| Shot Put F57* | F55, F56, F57 | 10.42 | 10.10 | 9.67 |
| Shot Put F64 | F61, F62, F63, F64 | 9.80 | 9.49 | 9.09 |

2026 Men's Performance Standards

| Event | Eligible Classes | World Class | International | Development |
|------------|------------------|-------------|---------------|-------------|
| 100m T11 | T11 | 11.41 | 11.74 | 12.19 |
| 100m T12 | T12 | 10.99 | 11.31 | 11.74 |
| 100m T13 | T13 | 11.01 | 11.33 | 11.76 |
| 100m T34* | T33, T34 | 15.29 | 15.73 | 16.32 |
| 100m T35* | T35 | 11.96 | 12.31 | 12.77 |
| 100m T36* | T36 | 12.12 | 12.48 | 12.95 |
| 100m T37* | T37 | 11.57 | 11.90 | 12.35 |
| 100m T38* | T38 | 11.20 | 11.52 | 11.96 |
| 100m T44* | T43, T44 | 11.43 | 11.77 | 12.21 |
| 100m T47* | T45, T46, T47 | 11.02 | 11.34 | 11.77 |
| 100m T51 | T51 | 20.55 | 21.15 | 21.95 |
| 100m T52* | T52 | 17.22 | 17.72 | 18.39 |
| 100m T53 | T53 | 15.10 | 15.54 | 16.13 |
| 100m T54 | T54 | 14.15 | 14.56 | 15.11 |
| 100m T63 | T42, T63 | 12.40 | 12.76 | 13.24 |
| 100m T64 | T62, T64 | 11.02 | 11.34 | 11.77 |
| 100m T72* | T72 | 16.35 | 16.82 | 17.46 |
| 200m T35 | T35 | 24.29 | 24.99 | 25.94 |
| 200m T37* | T37 | 24.01 | 24.71 | 25.64 |
| 200m T51* | T51 | 23.72 | 24.41 | 25.33 |
| 200m T64 | T44, T64 | 22.81 | 23.48 | 24.37 |
| 400m T11 | T11 | 52.42 | 53.94 | 55.98 |
| 400m T12 | T12 | 49.87 | 51.33 | 53.26 |
| 400m T13 | T13 | 50.29 | 51.76 | 53.71 |
| 400m T20 | T20 | 48.74 | 50.16 | 52.05 |
| 400m T37 | T37 | 52.02 | 53.53 | 55.55 |
| 400m T38* | T35, T38 | 51.13 | 52.62 | 54.60 |
| 400m T47 | T45, T46, T47 | 49.41 | 50.85 | 52.77 |
| 400m T52* | T51, T52 | 58.23 | 59.92 | 62.18 |
| 400m T53* | T53 | 50.72 | 52.19 | 54.16 |
| 400m T54 | T54 | 46.22 | 47.56 | 49.36 |
| 400m T62 | T43, T62 | 48.32 | 49.72 | 51.60 |
| 400m T72* | T71, T72 | 1.08.76 | 1.10.74 | 1.13.41 |
| 800m T34 | T33, T34 | 1.39.53 | 1.42.43 | 1.46.29 |
| 800m T53 | T51, T52, T53 | 1.39.95 | 1.42.86 | 1.46.74 |
| 800m T54 | T54 | 1.32.14 | 1.34.83 | 1.38.41 |
| 1500m T11 | T11 | 4.10.50 | 4.17.79 | 4.27.52 |
| 1500m T13 | T12, T13 | 3.51.69 | 3.58.44 | 4.07.43 |
| 1500m T20 | T20 | 3.56.32 | 4.03.21 | 4.12.38 |
| 1500m T38* | T37, T38 | 4.04.02 | 4.11.12 | 4.20.60 |
| 1500m T46 | T45, T46 | 3.57.16 | 4.04.07 | 4.13.28 |
| 1500m T54 | T53, T54 | 2.51.95 | 2.58.70 | 3.07.71 |
| 5000m T11* | T11 | 16.10.89 | 16.39.17 | 17.16.87 |

| | | | | |
|--------------------|-----------------------------------|----------|----------|----------|
| 5000m T13 | T12, T13 | 15.06.53 | 15.32.94 | 16.08.14 |
| 5000m T54 | T53, T54 | 9.30.54 | 15.32.94 | 16.08.14 |
| Marathon T12 | T11, T12 | 2.27.07 | 2.31.45 | 2.37.29 |
| Marathon T54* | T52, T53, T54 | 1.21.57 | 1.24.20 | 1.27.31 |
| High Jump T47* | T45, T46, T47 | 2.00 | 1.94 | 1.85 |
| High Jump T63 | T42, T63 | 1.82 | 1.77 | 1.69 |
| High Jump T64 | T44, T64 | 2.00 | 1.94 | 1.85 |
| Long Jump T13 | T13 | 6.29 | 6.09 | 5.83 |
| Long Jump T20 | T20 | 6.93 | 6.71 | 6.43 |
| Long Jump T36* | T36 | 6.98 | 6.77 | 6.48 |
| Long Jump T37* | T37 | 7.16 | 6.94 | 6.64 |
| Long Jump T38* | T35, T38 | 5.73 | 5.56 | 5.32 |
| Long Jump T44* | T43, T44 | 6.16 | 5.97 | 5.72 |
| Long Jump T47 | T45, T46, T47 | 6.33 | 6.14 | 5.88 |
| Long Jump T64* | T62, T64 | 6.58 | 6.37 | 6.10 |
| Club Throw T32 | T31, T32 | 38.05 | 36.88 | 35.31 |
| Club Throw T51 | T51 | 33.40 | 32.36 | 30.99 |
| Discus Throw F37 | F37 | 52.49 | 50.86 | 48.70 |
| Discus Throw F52 | F51, F52 | 20.00 | 19.38 | 18.56 |
| Discus Throw F64 | F43, F44, F62, F64 | 56.41 | 54.66 | 52.34 |
| Javelin Throw F13 | F12, F13 | 42.05 | 40.75 | 39.02 |
| Javelin Throw F34* | F33, F34 | 56.41 | 54.66 | 52.34 |
| Javelin Throw F38* | F38 | 44.61 | 43.23 | 41.39 |
| Javelin Throw F46 | F45, F46 | 57.87 | 56.08 | 53.69 |
| Javelin Throw F57* | F55, F56, F57 | 62.74 | 60.80 | 58.21 |
| Javelin Throw F64* | F42, F42, F44, F61, F62, F63, F64 | 60.94 | 59.05 | 56.54 |
| Shot Put F11 | F11 | 13.29 | 12.88 | 12.33 |
| Shot Put F12 | F12 | 15.63 | 15.14 | 14.50 |
| Shot Put F20 | F20 | 16.76 | 16.24 | 15.55 |
| Shot Put F32 | F32 | 9.88 | 9.58 | 9.17 |
| Shot Put F33 | F33 | 11.67 | 11.31 | 10.83 |
| Shot Put F34 | F34 | 11.51 | 11.16 | 10.68 |
| Shot Put F35 | F35 | 15.58 | 15.10 | 14.45 |
| Shot Put F36 | F36 | 16.35 | 15.85 | 15.17 |
| Shot Put F37 | F37 | 15.38 | 14.91 | 14.27 |
| Shot Put F40 | F40 | 10.82 | 10.48 | 10.04 |
| Shot Put F41 | F41 | 12.65 | 12.26 | 11.74 |
| Shot Put F46 | F45, F46 | 15.78 | 15.29 | 14.64 |
| Shot Put F53 | F53 | 8.43 | 8.17 | 7.82 |
| Shot Put F55 | F54, F55 | 11.72 | 11.36 | 10.87 |
| Shot Put F57 | F56, F57 | 14.57 | 14.12 | 13.52 |
| Shot Put F63 | F42, F61, F62, F63 | 14.13 | 13.70 | 13.11 |

*Historically, the year following a Paralympic Games often sees lower performance levels, as many leading athletes choose not to compete. Therefore, both the 2024 and 2025 end-of-year World Rankings will be taken into account when setting the 2026 performance standards, with the highest performances from either year used as the baseline.

Para Athletics 

2026 Para Athletics
Carding and Senior
Panel Selection
Policy

V1 - November 2025